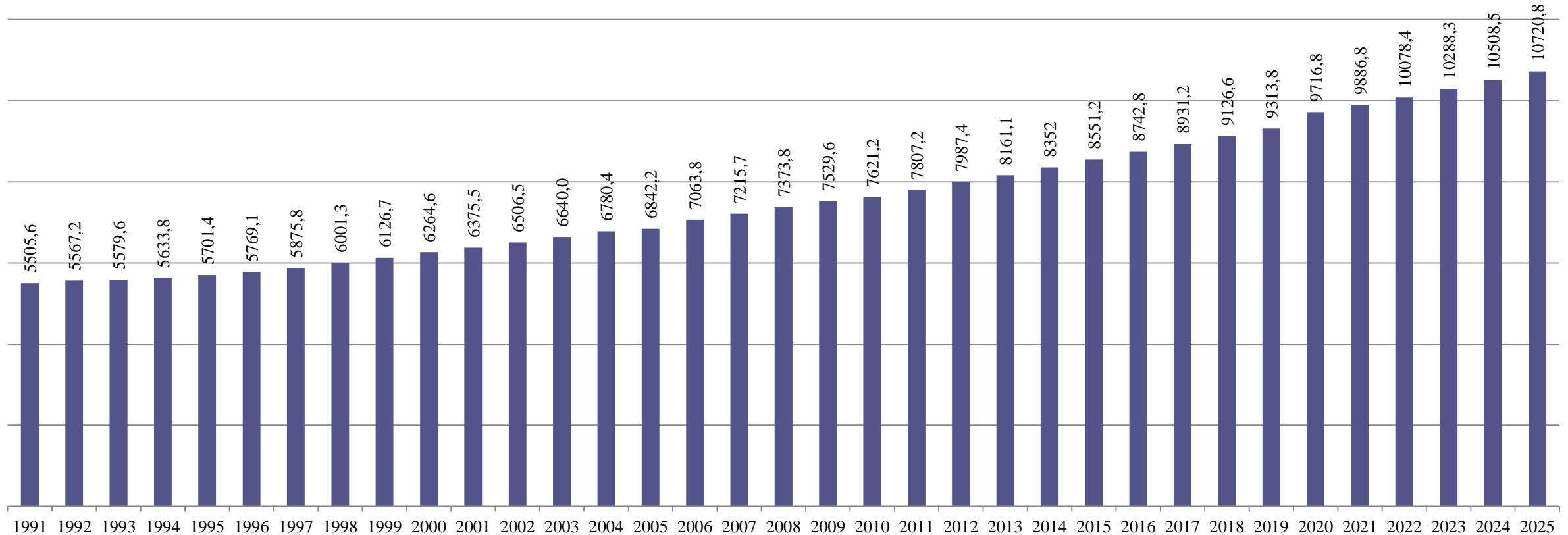




DEMOGRAPHIC SITUATION IN THE REPUBLIC OF TAJIKISTAN

**Chief Specialist, Department of Demography, Employment and Social
Statistics**

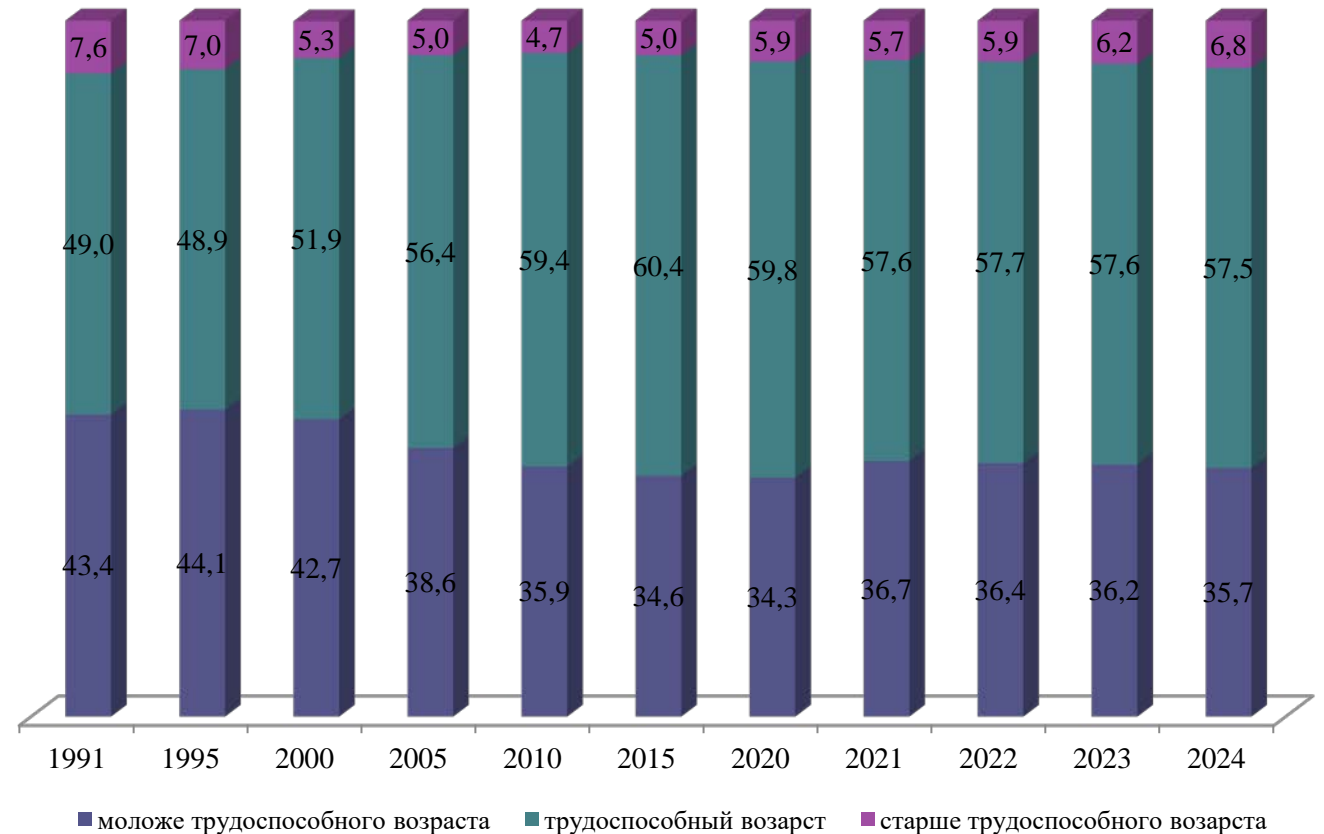
• Population of the Republic of Tajikistan



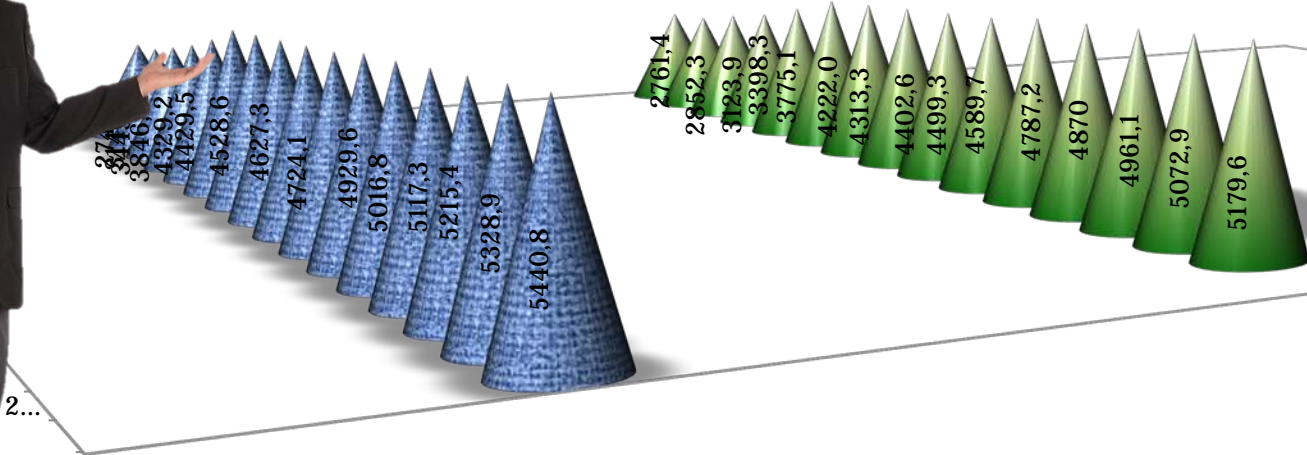
- **The permanent population of the Republic of Tajikistan as of January 1, 2026, was 10.72 million people.**
- **The country's annual population growth rate over the past 35 years has remained at an average of 2.0% - 2.1%.**

Age structure of the population of the Republic of Tajikistan

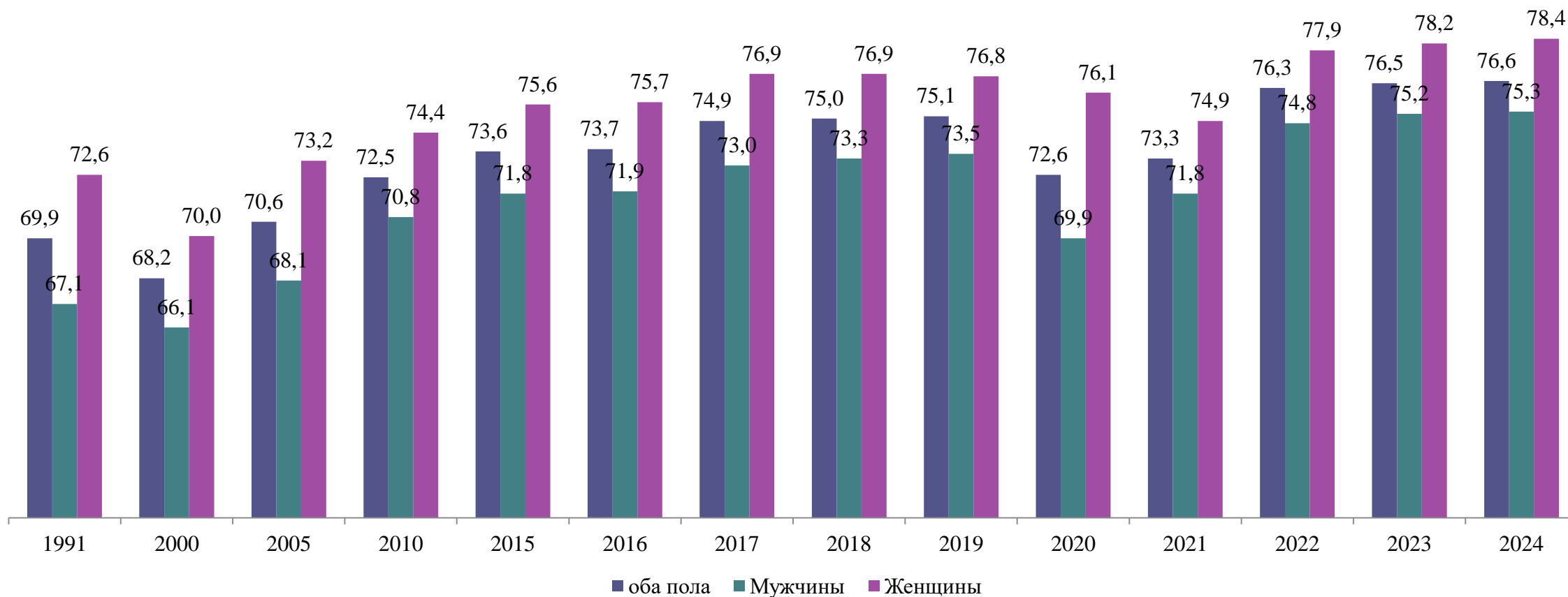
- The age structure of the population of the Republic of Tajikistan is characterized by a young demographic composition, which is reflected in the distribution of the population by main age groups.



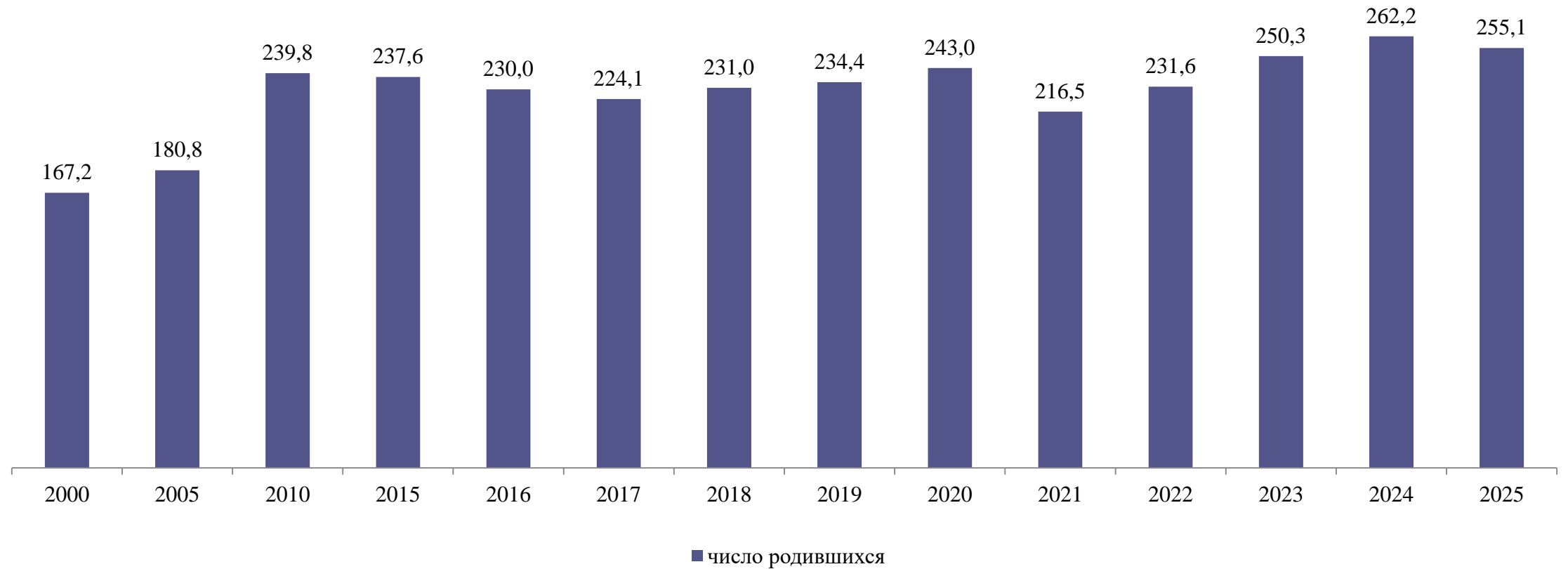
PERMANENT POPULATION OF THE REPUBLIC OF TAJIKISTAN BY GENDER, thousands of people



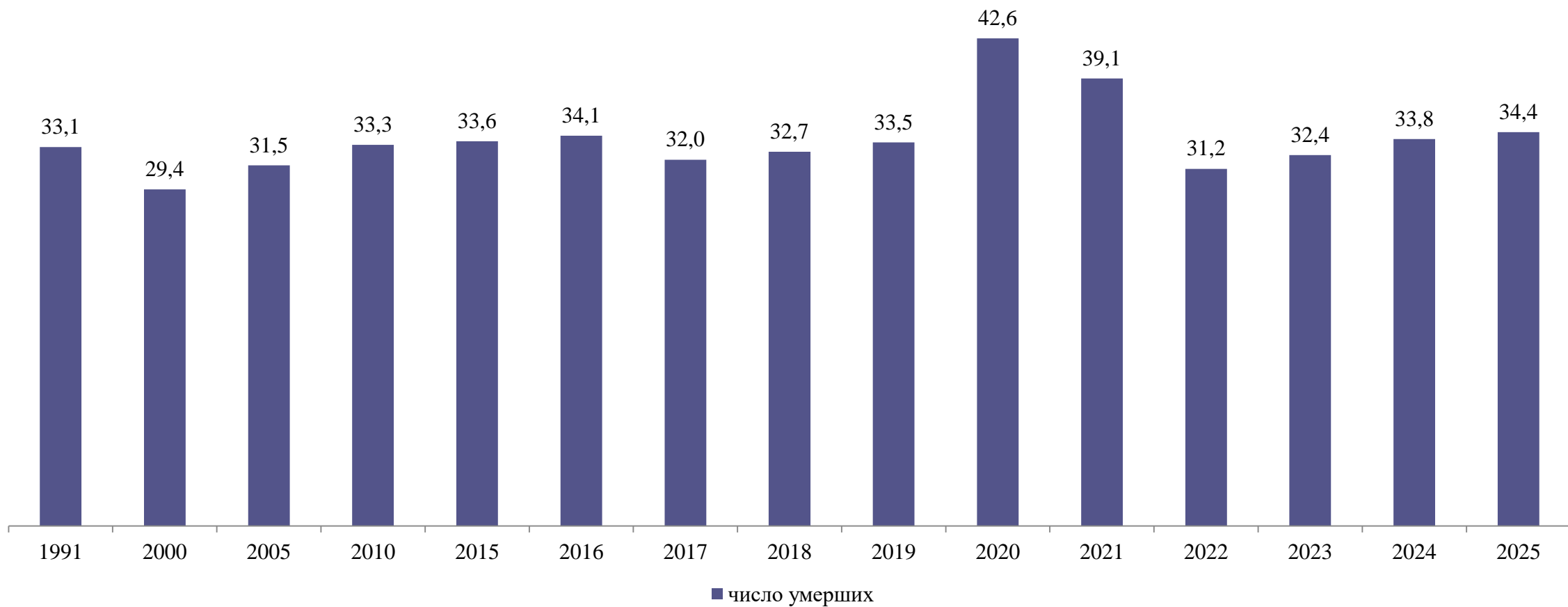
Life expectancy in the Republic of Tajikistan



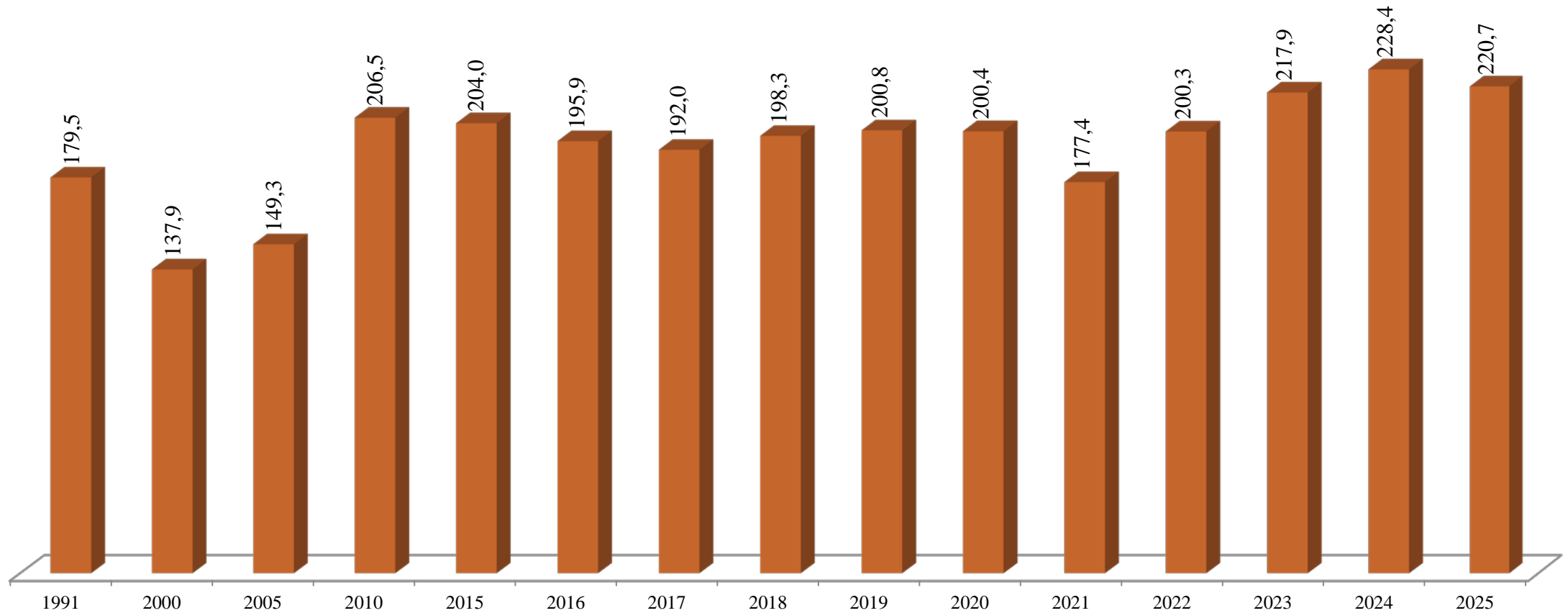
Number of births



Number of deaths



Natural population movement



The migration characteristics of the population of Tajikistan can be characterized by the following main features:

- Tajikistan is characterized by a large-scale exodus of its working-age population abroad in search of work. The main destination for migration is Russia, where the majority of labor migrants depart each year. Some people also migrate to Kazakhstan and other countries. The majority of migrants are young men of working age, primarily men aged 20 to 40. This is due to the limited availability of jobs within the country.



Main reasons for migration:

- unemployment;
- low wages;
- rapid population growth;
- limited employment opportunities within the country.
- More people are leaving the country than are arriving. Therefore, net migration is negative, which affects the population size and structure.

Sources:



МИНТАҚАҲОИ ҶУМҲУРИИ
ТОҶИКИСТОН: 33 СОЛИ
ИСТИҚЛОЛИЯТИ ДАВЛАТӢ

Регионы Республики
Таджикистан: 33 года
государственной
независимости

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АГЕНТИИ ОМОРИ НАЗДИ ПРЕЗИДЕНТИ
ҶУМҲУРИИ ТОҶИКИСТОН
Агентство по статистике при Президенте
Республики Таджикистан



ОМОРИ СОЛОНАИ
ҶУМҲУРИИ ТОҶИКИСТОН
*Статистический ежегодник
Республики Таджикистан*

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АГЕНТИИ ОМОРИ НАЗДИ ПРЕЗИДЕНТИ
ҶУМҲУРИИ ТОҶИКИСТОН

АГЕНТСТВО ПО СТАТИСТИКЕ ПРИ ПРЕЗИДЕНТЕ
РЕСПУБЛИКИ ТАДЖИКИСТАН




ДЕМОГРАФИЯИ
СОЛОНАИ
ҶУМҲУРИИ
ТОҶИКИСТОН

Демографический
ежегодник
Республики Таджикистан

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АГЕНТИИ ОМОРИ НАЗДИ ПРЕЗИДЕНТИ
ҶУМҲУРИИ ТОҶИКИСТОН
Агентство по статистике при Президенте
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understand what our world
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Спасибо за внимание